



## SAHGCA LEAGUE SHOOTING COMPETITIONS

### SHOOTING EXERCISE FOR INTERBRANCH TEAM CHALLENGE SHOOTING COMPETITIONS

This compounded shooting exercise are used for the Interbranch Team CHALLENGE shooting competitions at regional level and consist of two shooting exercises namely the Impala: with rest and the adapted Warthog shooting exercises.

#### SHOOTING EXERCISE 1: IMPALA WITH REST

**1. Target**

The Impala target of the SAHGCA will be used. The head of the animal may point to the left or right.

**2. Universal rules for shooting exercises**

See separate document “Universal Rules for Shooting Exercises” – document: J006.34.09E – for description of general (universal) items.

**3. Shooting Range Safety Rules and Standard Commands**

See “Shooting Range Safety Rules for Participants” and Standard Commands on the Shooting Range” - document: J006.35.03E – for loading, unloading and safety procedures.

**4. Rifles**

No limitations on rifles and any centre fire calibre firearm may be used.

**5. Sights and telescopes**

No restrictions on sights and telescopes.

**6. Exercise (item references refer to the document “Universal Rules for Shooting Exercises”)**

- a. From **200m three shots** are fired in **120 seconds** from the prone position with limited support in front and at the back (refer to item 18.1.3)
- b. From **100m three shots** are fired in **120 seconds** from the sitting position with unlimited support (see item 18.2.3)
- c. From **50m three shots** are fired in **60 seconds** from the offhand standing position without any artificial support (see item 18.4.1)

**7. Recognition**

Shooting badges are available with cut-off points for bronze, silver and gold at **27, 32 and 36** respectively with a maximum score of **45**.



Actual size of target: W x H = 750 x 1000mm

Target areas	W x H mm	Area cm <sup>2</sup>	vs Heart
Heart:	96 x 102	76	--
V-heart:	57 dia	25	33 %
Central heart/lung:	173 x 177	272	350%
Larger liung/ vertebra:	235 x 226	512	670%

Scores are printed on the target.

The actual lines on the target is in thin red lines not visible at a distance.

## SHOOTING EXERCISE 2: THE ADAPTED WARTHOG

### 1. Target

The Warthog target of the SAHGCA will be used. Warthog targets where the Warthog is standing in a different position and approved by the Shooting Committee, may be used when available.

### 2. Universal rules for shooting exercises

See separate document “Universal Rules for Shooting Exercises” – document: J006.34.09E – for description of general (universal) items.

### 3. Shooting Range Safety Rules and Standard Commands

See “Shooting Range Safety Rules for Participants” and Standard Commands on the Shooting Range” - document: J006.35.03E – for loading, unloading and safety procedures.

### 4. Rifles

Any type of rifle or hunting handgun may be used

### 5. Calibre

Any centrefire calibre may be used. This is applicable to the TEAM CHALLENGE shooting competition only and is meant to promote participation. These scores are not recognised for qualification of shooting badges.

The restriction of 6mm (.243) and larger are still valid for participation in the Warthog shooting exercise for qualification of shooting badges and registration of those scores.

### 6. Sights and telescopes

No restrictions on sights and telescopes

### 7. Exercise (item references refer to the document “Universal Rules for Shooting Exercises”)

7.1 From **75m three shots** are fired in **60 seconds** from any one of the following three alternative positions:

7.1.1 sitting position without any artificial support (refer to item 18.2.1).

7.1.2 kneeling position without any artificial support (refer to item 18.3.1).

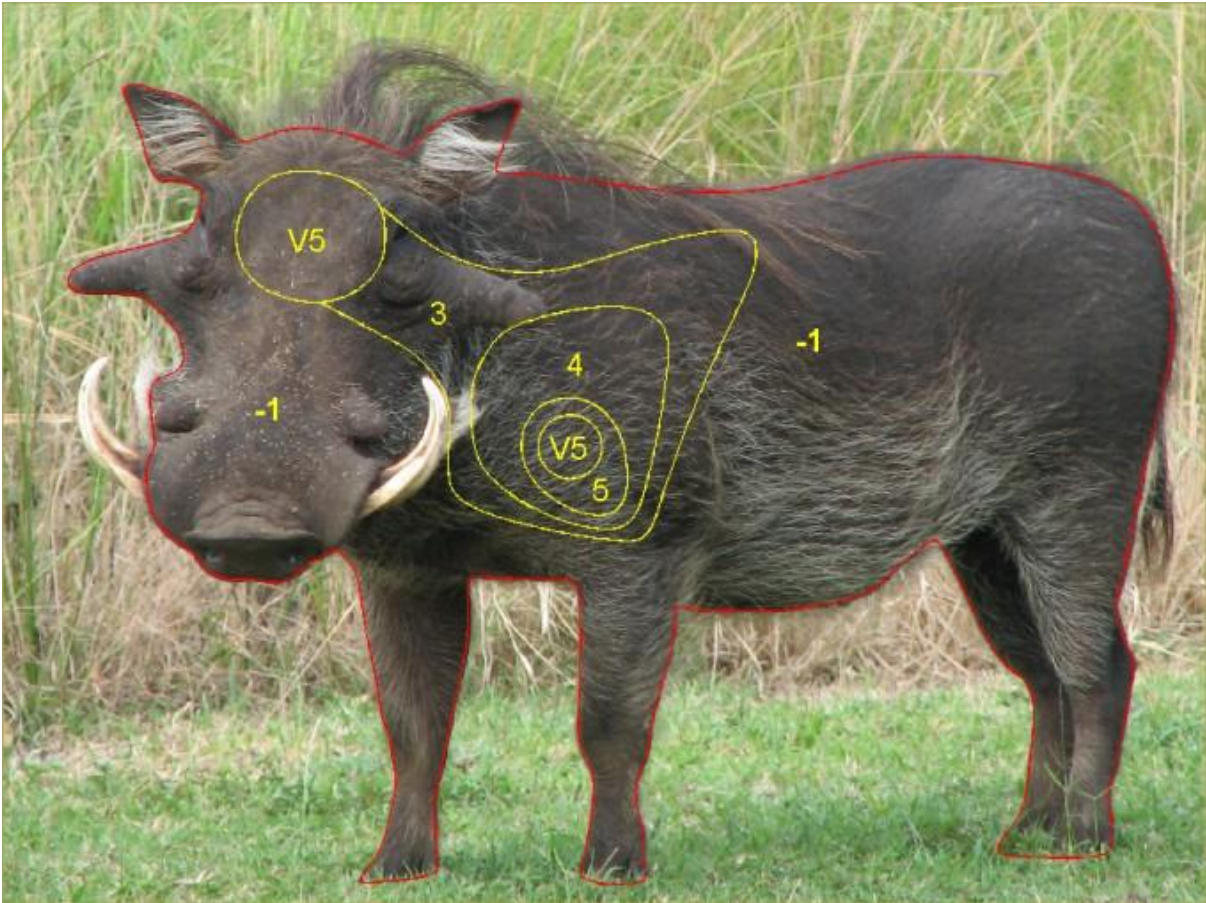
7.1.3 standing position with limited support (refer to item 18.4.5).

7.2 From **50m three shots** are fired in **30 seconds** from an offhand standing position (no support) (refer to item 18.4.1).

7.3 From **25m three snapshots** are fired from an offhand standing position (no support) (refer to item 18.4.1). On the command “*Everybody is ready – close bolts and stand by*” – trigger finger to remain outside the trigger guard – weapons are made ready and held at a 45 degree angle with the muzzle towards the ground. When the whistle is blown or on the command “*fire*” the shottist may raise his weapon and fire **one shot** in **5 seconds**. On command from the Range Officer the weapons are loaded again and the process repeated for a total of 3 shots with approximately 10 seconds between shots for loading. At completion of the 3 snapshots the shottists should ensure that all rounds not fired in the allocated time are removed from the weapons.

### 8. Recognition

No recognition due to the waiver of minimum calibers on rifles – see item 5.



Actual size of target: WxH = 1000 x 750mm

Target areas	W x H mm	Area cm <sup>2</sup>	vs Heart
Brain	120 x 108	108	160%
Heart	87 x 96	66	--
V-heart	53 dia	22	33 %
Central lung area	150 x 170	240	350%
Larger lung area	200 x 220	560	850%

Scores are printed on the target.

The actual lines on the target are thin red lines which are not visible from a distance.