



SA Jagters- en Wildbewaringsvereniging
SA Hunters and Game Conservation Association

Bewaring deur volhoubare benutting / Conservation through sustainable utilisation

PRESIDENT- & INTERBRANCH SHOOTING RULES

Important: This information is a concise summary of the shooting positions for the hunting derived President- & Interbranch Team shooting competitions. For the full set of rules always refer to the Hunting Derived Universal Rules.

- 1. Plains shooting exercise 300m: Prone position with limited support front and back -** Harris type bipod or shooting sticks may be used to support the front of the rifle. A fold away monopod attached to the butt of the rifle or the second leg of a shooting stick may be used to support the rear of the rifle. The supporting hand may hold the butt and the butt may touch the ground. Sand bags or any other equipment are not allowed.



Standard shooting position



Alternative with shooting chair with limited support front and back

- 2. Plains shooting exercise 200m: Prone position with limited support in front only –** Shooting sticks with a single support point or a Harris-type bipod may be used to support the rifle ahead of the trigger guard box. The shottist's non-trigger hand may only support the rifle in front of the trigger guard (the hand and all the fingers must be in front of the trigger guard) and the rifle, either hand wrist or forearm may not touch the ground or any other object (eg. one leg of the shooting stick). **No finger or shooting glove may serve as support underneath the pistol grip**



Standard shooting position



Alternative with Harris bipod



3. **Plains shooting exercise 200m: Sitting position with limited support** – with this position the shottist may use his shooting sticks or Harris bipod to the best of his/her judgement (more than one leg of the shooting sticks may be used for support) except if, in the opinion of the Rnge Officer, it is unsafe. It is permissible to rest the elbows on the knees and a rifle sling is also permissible. The elbows, any part of the arms or knees may not touch the ground and the rifle must be firmly in the shoulder



Standard shooting position



Alternative with Harris bipod



Alternative with shooting chair with limited support front and back

4. **Plains shooting exercise 100m: Sitting position without any artificial support** (eg. shooting sticks) – the weight of the body is supported on the buttocks. No part of the legs to touch the ground, or any other artificial object. The legs may be apart or crossed, the ankles and calves may be supported on the shoes of the shottist when the legs is crossed and may be in front of the front edge of the firing point. The firearm may be held in any convenient way, provided the butt is in the shoulder or armpit or against the biceps muscle.



Standard shooting position



Alternative with shooting chair



Alternative with crossed legs

1. **Bushveld shooting exercise 150m: Kneeling position with unlimited support** – the shottist may use his/her shooting sticks to the best of his/her judgement (more than one leg of the shooting sticks may be used for support) without any restriction, unless the Range Officer regard it as unsafe.



Standard shooting position



Alternative –
kneeling on both knees –
may not sit down on feet

2. **Bosveld shooting exercise 100m: Standing position with unlimited support** – with this position the shottist may use the sticks to the best of his/her judgement (more than one leg of the shooting sticks may be used) without any limitation, except if the Range Officer regard it as unsafe.



3. **Bushveld shooting exercise 50m – 3 shots in 30 seconds and 3 snapshots: Offhand standing position** – no artificial support (eg. shooting sticks) may be used but the shottist may adapt his/her position to suit his /her requirements. A rifle sling may be used. In the offhand standing position, shottists get the command “ *Everyone is ready – close bolts and stand by!*” – shottists must await the “*Fire!*” command with the trigger finger next to the trigger guard and the barrel pointing towards the ground at approximately 45 degrees to the horizontal and the muzzle of the rifle may not be higher than the belt of the shooter.



“Gereed”



“Vuur/skiet”

- 4.

Standard commands on the shooting range for the offhand standing position - 3 snapshots

Note: Because of the pressure placed on shottists during the snapshot exercise, it is important that clear and uniform commands are given by the Range Officers to prevent confusing the shottists. This exercise is meant to be a test of the shottist's skill as well as the reliability of his/her equipment. Failure to operate by a firearm will potentially mean points that may be forfeited since the exercise/detail will not be stopped if the shottist develop a problem with his/her rifle after the first command to "fire" has been given.

1. The commands up to item 6 of the "Standard Commands" are the same and thereafter:
2. **"Load and make ready"** (load magazine with 3 rounds/chamber of a single-shot firearm, bolt stays open). (Note: it is unnecessary to limit shottists with magazines to load one round at a time, but keep the limitations of single shot rifles in mind)
3. **"Is everybody ready?"** – shottists who are not ready to indicate.
4. **"The detail is not ready"** – if appropriate.

5. First shot:

- 5.1 From the offhand standing position the shottists receive the command **"Everybody is ready – close bolts and hold rifle at 45 degrees"** – (2 to 4 second pause) – repeat the command **"45 degrees"** - (2 seconds pause) – **"stand by"** – (2 seconds pause) (*item 10 of standard commands*) – shottists wait for the command "fire" with the trigger finger outside the trigger guard, with the rifle held at approximately 45 degrees to the ground and the muzzle of the rifle may not be higher than the belt of the shottist.

Note: The period between "Everybody is ready – close bolts and hold rifle at 45 degrees" and "Blow whistle" or give command "fire" should not be longer than 2 seconds. Shottists should not be kept in this position for too long, since this is extremely frustrating and tiresome – keep in mind as well that shottists are standing with fully loaded rifles. A Shottist not ready for the second and third shot forfeit the remaining shots. Commands are not interrupted and the second and third shot continue.

- 5.2 **"Blow whistle"** or give command **"fire"**;
- 5.3 After 5 seconds: **"Blow whistle"** or give command **"stop"**;
- 5.4 Shottists may reload immediately after the shot was fired
6. Second shot – allow enough time for shottists with single shot rifles to reload (maximum of 12 seconds)
- 6.1 **"Reload and keep rifles at 45 degrees"** – (2 to 4 second pause) – repeat the command **"45 degrees"** – (2 second pause) – **"stand by"** (2 second pause);
- 6.2 **"Blow whistle"** or give command **"fire"**;
- 6.3 After 5 seconds: **"Blow whistle"** or give command **"stop"**;
- 6.4 Shottists may reload immediately after the shot was fired
7. Third shot – allow enough time for shottists with single shot rifles to reload (maximum of 12 seconds)
- 7.1 **"Reload and keep rifles at 45 degrees"** – (2 to 4 second pause) – repeat the command **"45 degrees"** – (2 second pause) – **"stand by"** (2 second pause);
- 7.2 **"Blow whistle"** or give command **"fire"**;
- 7.3 After 5 seconds: **"Blow whistle"** or give command **"stop"**;
8. Commands from item 13 of standard commands onwards - **"Unload and make safe"** - are used to complete the exercise